



Player Insurance

- Players need to be fully paid up registered members of the Club to avail of the GAA Injury Scheme.
- If a player gets injured at training or a match, he needs to inform team managers during or after the match or training of the injury or within five days.
- The onus is on the player to inform and log details of his injury with the Clubs Insurance Officer within 30 days from the date of his injury. **Failure to log the injury will result in the claim not being processed.**
- Players with private health cover i.e. VHI/Laya/ Aviva have to claim from their private health insurer before the GAA will consider the balance of their claim. Statements from such health insurers will be required.
- All players must wear a helmet with a facial guard that meets the standards set out in IS355 or the other replacement standard determined by the National Safety Authority of Ireland (NSAI). Helmets must be worn for all Hurling matches, including warm ups and training.
- A mouthguard carrying a CE mark must be worn for Football matches, including warm ups and training.

Physiotherapy Treatment

- Players will only receive physio when the injury occurred training or playing for Shamrocks GAA Club and in no other circumstances, i.e. playing other sports or injured in some other capacity.
- Players wishing to visit the designated club physio must get permission from the relevant managers.
- Players working or living away that cannot attend the designated club physio and wish to visit an outside physio must get permission from the relevant managers.

All players need to be aware that medical expenses are extremely costly, and the club is not in a position to cover any costs that are not covered by the players injury fund.

Please ensure the above guidelines are followed, if not you will not be reimbursed for any injury.

*Always remember **No Receipts – No Refund.***